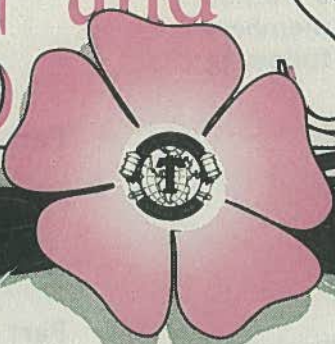


# Petals and Sepals



WILD ROSE TOASTMASTERS

CLUB #5375-42

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## MELODYE KUNNAS WINS AGAIN!



The members of Wild Rose can be justly proud of Melodye pictured here with Dave Fulton and Liz Pasioka receiving her trophy for winning the District 42 International Speech Contest. Melodye's next challenge is to prepare another winning speech for the Regional conference in June! Our best wishes go with her!

Other highlights of the District Conference in Saskatoon included the awarding of Toastmaster of the Year to Majeed Mustapha and the special Citation award given to Bob Hawrelak for his work with Toastmaster Talks.



Majeed Mustapha, DTM



### DISTRICT #42 CITATION AWARD WINNERS

- ★ JIM WEBER DTM 1988
- ★ JOHN HANLIN DTM 1988
- ★ WAYNE NUTTEN DTM 1988
- ★ HERB ASHLEY CTM 1988
- ★ AL FOSTER AYM 1988
- ★ BOB BARKER DTM 1989
- ★ BEN WALDRON DTM 1989
- ★ ROBERT HAWRELAK C.T.M. 1991



Bob Hawrelak, C.T.M.

**CHARM IS THE ABILITY TO MAKE  
 SOMEONE THINK THAT BOTH OF  
 YOU ARE QUITE WONDERFUL.**

## WHITHER WILD ROSE

In the "Brainstorming" session the club conducted at its March meeting, and from the completed Member Interest Surveys which have been received to date, club members have indicated that they want the following things from our club:

- have fun
- be challenged
- more opportunity to speak
- quality, detailed feedback on all speaking activities
- educational features, guest speakers

Some observations for improvement in the club were:

- more spirit, energy at meetings
- even better quality performances from all meeting participants
- improvement in quality and variety of meals

Many members indicated that they want more opportunity to speak and more challenge. However, there was a lack of interest in having additional meetings. There was some interest in additional meetings possibly on a quarterly basis.

### HOW DO WE PROVIDE MORE WITH THE SAME AMOUNT OF TIME?

I propose to:

- dispense with the "ah counter", wordmaster and grammarian at all meetings
- only have business meetings every second month unless absolutely necessary

The new program format would be structured as follows. However the exact format for each meeting will be determined in consultation with the Toastmaster.

## Proposed Meeting Format

### Part I

Invocation  
Toast  
Joke  
Mini-ed. feature (5 min.)  
Introductions

### Part II

Business meeting or  
Table Topics  
Educational Feature or  
Other learning opportunity

### Part III

Speeches  
Detailed evaluation  
General evaluation

I hope that this slight change of format, and increase in variety and flexibility will better serve the members of the club.

I am very interested in your feedback regarding these changes and welcome your suggestions for interesting and challenging club programs.

Pat Nelson, Ed. V.P.

## WILD ROSE SUMMER

- June 27 - Hyde Park Theme  
Business meeting  
Table Topics - come prepared to relate with gusto your PET PEEVE or FAVORITE CAUSE
- July 25 - Beach Party Theme (come dressed to party on the beach)  
Panel presentation
- Aug. 29 - Performing Arts Theme  
(come dressed as and/or prepared to deliver a 2-3 min. performance as your favourite literary, mythological, comic book, etc. figure.
- GUEST NIGHT!!!**  
The Wild Rose member who brings the most guests to the meeting will have his/her dinner paid for by the club at this meeting.
- Sept. 26 - Tall Tales, Table Topics and Evaluation CONTESTS

Plus much more!

## TWO DISTINGUISHED VISITORS

### SPONSOR A TOASTMASTER

**Peter Kossowan, DTM** is working on the formation of a Toastmaster Club in the Edmonton Institution. There are quite a number of people interested in joining the club, but they do not have the necessary funds to join. The cost for a new member to be registered and receive the manuals is \$15.00 and it would be a "one time only" contribution.

At the District Convention in Saskatoon it was proposed to set up a "Sponsor a Toastmaster" program similar to the Foster Child program. The Toastmaster would give \$15.00 towards someone's membership, and they would then become this new Toastmaster's sponsor. The TM within the Edmonton Institution could perhaps write their sponsor, and receive encouragement and advice from the one who was a Toastmaster "outside".

If you would be interested in sponsoring someone, please get in touch with Peter and he will arrange for you to be "matched" to one of the members of the new club!

### WHEN WE COUNT YOU IN IT COSTS!

We have a problem when people confirm their attendance at a meeting, and then do not show! If we have confirmed a certain number of meals, we must pay for them whether they are consumed or not! Therefore, if you find that you have to cancel at the last minute -- try to find a replacement so that there will be someone present to eat the meal we have ordered!

#### **Reducing Stress**

Some of these stress-reducing ideas might work for you. Try those that make a difference:

- Get up 15 minutes earlier.
  - Prepare for each morning the night before.
  - Make duplicates of all keys.
  - Make a copy of your appointment book every week or so.
  - Take advantage of off-hours for banking and shopping.
  - Don't put up with anything that doesn't work properly.
  - Unclutter your life. Get rid of stuff you never use.
- Time Talk



**Peter Altrogge**, our Area Governor, and **Liz Pasieka**, our District Governor both visited our April meeting. It was a pleasure to have them both in attendance and Liz gave us an inspiring address!

### BEST DIVISION LT. GOVERNOR



**Buffy da Silva, ATM** from Division C won the Best Division Lt.-Governor award at the District Convention. Buffy is pictured here with **Liz Pasieka** and **Pat Kirk, DTM** International Director.



## Watch What You Say!

In the course of your conversation each  
and every day,  
Think twice, try to be careful of what  
you have to say;  
Your remarks may be picked up by  
someone's listening ear,  
You may be surprised at what some  
people think they hear.

Things that you innocently say, or try to  
portray,  
Can be changed, and greatly exaggerated  
along the way;  
Many stories change for the worse as  
they are retold  
So try to keep any questionable remarks  
"on hold."

May I give all of you some very sound  
advice?

When you speak of others, say  
something nice;

Try to say good things, regardless of  
who is around,

If you have nothing good to say, don't  
utter a sound.

You may find that an innocent remark,  
in the end,  
May lose you a close and valued friend.

—Henry Lesser

## PRESIDENT BICK AWARDS MARILYN BERG'S D.T.M.!



**President Bick** was present at the  
Charter of six clubs in Edmonton.  
At that time he awarded The DTM  
certificate to **Marilyn Berg**.  
Marilyn is seen glancing fondly at  
the certificate.

Employee: I have been here 11 years  
doing three men's work for one man's  
pay. Now I want a raise.

Boss: Well, I can't give you a raise but  
if you'll tell me who the other two men  
are, I'll fire them.

Two married girls were bothering a  
third girl who was still a spinster.

"Now, tell us truthfully," they badgered  
her, "have you ever really had a  
chance to marry?"

With a withering glance, she retorted,  
"Suppose you ask your husbands."

A very sad tale is told of a Scotchman  
who walked ten miles to see a baseball  
game, and then was too tired to climb the  
fence.