"Life Hacks for a Better Life"

January 26, 2023

Welcome to 2023!

Have you made any New Year's resolutions? Are you looking to make some changes in your life?

Join us at Wild Rose Toastmasters on January 26 to look at some Life Hacks to help us make some helpful changes in our lives this year.

Speeches by Inger Eakin & Ross McLean

Table Topics - Be prepared -bring your life hacks that make life easier.

A **life hack** (or **life hacking**) is any trick, shortcut, skill, or novelty method that increases <u>productivity</u> and <u>efficiency</u>, in all walks of life. The term was primarily used by computer experts who suffer from <u>information overload</u> or those with a playful curiosity in the ways they can accelerate their workflow in ways other than programming.

PreReading: 40 Life Hacks That Will Change Your Life | Bored Panda